

**NICK CLARE MEMORIAL RUN  
5K/10K ROAD RACE  
HASTINGS, MN MAY 4, 2013 8:00 A.M. Weather:CLOUDY, COLD, RAINY**

**\*\*\*\*\* AWARDS LIST \*\*\*\*\*  
10K**

**\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\***

1 John Murphy 53 Eden Prairie MN 41:50

**\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\***

1 Tina Welzien 31 45:22

**MALE AGE GROUP: 1 - 19**

1 100 Quinn Myers 15 47:52  
2 127 Luke Hauser 11 56:43  
3 149 Christian Strommen 11 1:06:42

**FEMALE AGE GROUP: 1 - 19**

**MALE AGE GROUP: 20 - 29**

1 116 Brianna Spaeth 27 52:00  
2 145 Vincent Sumner 23 Hastings MN 1:05:51  
3 166 Tony Johnson 29 Hastings MN 1:20:27

**FEMALE AGE GROUP: 20 - 29**

1 99 Kendra Stettler 25 Hastings MN 47:18  
2 105 Samantha Minkler 25 St. Paul MN 49:45  
3 131 Cassi Heppelmann 28 Apple Valley MN 57:08

**MALE AGE GROUP: 30 - 39**

1 90 Joseph Bolen 33 42:07

2 91 Josiah Engblom 34 Hastings MN 43:02  
3 92 SEAN MCCABE 32 HASTINGS MN 43:54

**FEMALE AGE GROUP: 30 - 39**

1 93 Tina Welzien 31 45:22  
2 101 Amy Hite 37 Cottage Grove MN 47:56  
3 107 Tara Weber 31 Hastings MN 50:34

**MALE AGE GROUP: 40 - 49**

1 103 Mike Pepin 45 48:36  
2 119 Todd Spaeth 48 52:47  
3 125 Richard Layman 44 St Paul Park MN 55:48

**FEMALE AGE GROUP: 40 - 49**

1 123 Traci Johnson 43 Hastings MN 54:41  
2 136 Jennifer Herbek 40 Hastings MN 59:14  
3 137 Nancy Arnold 48 Andover MN 59:41

**MALE AGE GROUP: 50 - 59**

1 89 John Murphy 53 Eden Prairie MN 41:50  
2 113 Sikakane Wiseman 51 51:49  
3 124 David Lenz 54 Burnsville MN 55:08

**FEMALE AGE GROUP: 50 - 59**

1 118 Carolyn Cooper 57 Cannon Falls MN 52:10  
2 128 Cathy Prokopowicz 55 IGH MN 56:46  
3 160 Suzanne Stone 55 1:09:25

**MALE AGE GROUP: 60 - 69**

1 106 Ron Clare 68 50:18

**FEMALE AGE GROUP: 60 - 69**

**MALE AGE GROUP: 70 - 99**

**FEMALE AGE GROUP: 70 - 99**